

KR Mangalam 2025 Menu (1st and 3rd week April 2025)

		1st April	2nd April	3rd April	4th April
		15th April	16th April	17th April	
	28th April	29th April	30th April		
Day	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast					
Drink	Fresh Water Melon Juice	Kesar Milk	Fresh Sweet Lime Juice	Strawberry Flavored Milk	Fresh Pineapple Lime Juice
Fruit	Papaya	Banana	Water Melon	Banana	Muskmelon
Breakfast	Paneer Parantha with curd & pickle	Paneer kathi Roll	Matar kulcha	Idli with sambhar and chutney	Mixed veg paratha with curd & pickle
Lunch					
Raita	Mint Raita/yoghurt /Curd Rice	Cucumber Raita/yoghurt /Curd Rice	Mix veg Raita/yoghurt /Curd Rice	Burhani raita/yoghurt /Curd Rice	Onion tomato/yoghurt /Curd Rice
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Cold Mezze	Cucumber labneh	Hummus with pita	Beetroot tzatziki	Hyderabadi chutney	Coriander ginger sauce
Compound Salad	Beetrot with leafy vegetables	Aloo chana chaat	Summer greens in lemon chilli dressing	Greek salad	Kimchi
Sprout	Sprout of the day	Sprout of the day	Sprout of the day	Sprout of the day	Sprout of the day
Accompaniments	Olives	Olives	Olives	Olives	Olives
Continental Food/Chinese	Vegetable au gratin	Mac & cheese	Butter garlic tossed sweet potato	Fusilli in creamy pesto sauce	Green thai curry
Drinks	Masala Chaach	Jal Jeera	Plain Chaach	Aam Panna	Tadka Chaach
Indian Vegetable	Dahi wale aloo	Soya roganjosh	Paneer korma	Bhindi do pyaza	Paneer manchuraian
Dal	Rajmah masala	Black masoor	Green moong adraki	Chana dal tadka	Dal dhaba
Rice	Steamed rice	Jeera rice	Steamed rice	Soya Subz biryani	Burnt garlic fried rice
Bread	Tawa roti	Tawa roti	Tawa roti	Tawa roti	Tawa roti
Western breads	Western breads	Western breads	Western breads	Western breads	Western breads
Dessert					4th - Rawa Kesari Halwa

KR Mangalam Menu (2nd & 4th week April 2025)					
	7th April	8th April	9th April	10th April	11th April
	21st April	22nd April	23rd April	24th April	25th April
Day	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast					
Drink	Fresh Water Melon Juice	Chocolate Milk	Fresh Sweet Lime Juice	Elaichi flavored milk	Fresh Pineapple Lime Juice
Fruit	Papaya	Apple	Water Melon	Banana	Muskmelon
Breakfast	Wada Sambhar	Vada pav	Banana & quinoa Pancakes	Multigrain subway	Aloo paratha with curd & pickle
Lunch					
Raita	Mint Raita/yoghurt /Curd Rice	Cucumber Raita/yoghurt /Curd Rice	Boondi Raita/yoghurt /Curd Rice	Mix vegetable raita/yoghurt /Curd Rice	Onion tomato raita/yoghurt /Curd Rice
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Cold Mezze	Garlic chutney	Hummus with pita	Tomato coriander chutney	Babaganoush	Butter garlic sauce
Compound Salad	Tossed greens in mustard dressing	Russian Salad	Fatoush	Vegetable Hawaain salad	Raw papaya salad
Sprout	Sprout of the day	Sprout of the day	Sprout of the day	Sprout of the day	Sprout of the day
Accompaniments	Olives	Olives	Olives	Olives	Olives
Continental Food/Chinese	Spaghetti napolitana	Veg Moussaka	Penne pasta in cream cheese sauce	Sauteed Corn & Green peas	Vegetable hakka noodles
Drinks	Masala Chaach	Jal Jeera	Plain Chaach	Aam Panna	Tadka Chaach
Indian Vegetable	Jaipuri masala Aloo	Mattar paneer	Corn Palak	Vegetables kofta	Cottage cheese in hot garlic sauce
Dal	Punjabi chhole	Arhar dal tadka	Kadhi pakora	Dal makhani	Kale chane ka jhol
Rice	Steamed Rice	Jeera rice	Steamed rice	Steamed rice	Steamed rice
Bread	Tawa roti	Tawa roti	Tawa roti	Tawa roti	Tawa roti
Western breads	Western breads	Western breads	Western breads	Western breads	Western breads
Dessert					11th - Lancha 25th -Chocolate Pudding